

**“HELP ME SLEEP” PRAYER** ©2016 DianaDee Osborne page 1 of 3

**MUSIC SHEET**

www.DianaDeeOsborneSongs.com CCLI pending.

4/4 time (pu = 6)

dedicated to YHWH GOD, 26 August 2016

TEMPO: 100 BPM

Album: Amazing **Power 'n' Prayers**

REF: 31-056

**EPHESIANS 3: 20-21 PRAYER FOUNDATION EXAMPLE:**

...16 that He would grant you, according to the riches of His glory, **to be strengthened with might** through His Spirit in the inner man... 19 to know the love of Christ which passes knowledge; that you may be **filled with all the fullness of God**. 20 Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us, 21 to Him be glory ...

VERSES								<i>Optional Verse 4 is not on the recording.</i>							
1	+	2	+	3	+	4	+	1	+	2	+	3	+	4	+
<b>Dm</b>				<b>Dm</b>											
0a	—	—		LORD	—			Help	—			me	—	>	
<i>melody</i>	—	—		vD	—			F	—			vD	—		
=====															
<b>Dm</b>				<b>Dm</b>				<b>Dm7</b>							
1a	sleep	—		when	—			it's	time	to		be	—	as-	
2a	wake	—		when	—			it's	time	to		be	—	al-	
3a	work	—		when	—			it's	time	to		go	—	and	
4a	speak	—		when	—			it's	time	to		go	—	and	
<i>melody</i>	vD	—		D	—			D	D	E		F	—	G	
<b>Dm</b>				<b>Dm7</b>											
1b	leep.	—		—	—	—		LORD,	—			Help me	—	—	
2b	ert.	—		—	—	—		LORD,	—			Help me	—	—	
3b	work.	—		—	—	—		LORD,	—			Help me	—	—	
4b	speak.	—		—	—	—		LORD,	—			Help me	—	—	
<i>melody</i>	^A	—		—	—	—		^C	—			C - A	—	—	
<b>Gm</b>				<b>Am7</b>											
1c	sleep,	—		giv-	—	ing		Rest	—	to		my	—	bod-	
2c	wake	—		when	—	it's		time	—	to		rise	—	and	
3c	work	—		ef-	—	fi-		cient-	—	ly		for	—	You,	
4c	speak	—		when	—	and		how	—	You		say	—	to	
<i>melody</i>	vD	—		^G	—	F		^G	—	F		vD	—	^C	
<b>D (major)</b>				<b>D</b>								<b>Dm7</b>			
1d	y.	—		—	—	—		—	—			Help	—	me	
2d	serve.	—		—	—	—		—	—			Help	—	<b>my</b>	
3d	LORD.	—		—	—	—		—	—			Help	—	me	
4d	speak.	—		—	—	—		—	—			Help	—	me	
<i>melody</i>	^D	—		—	—	—		—	—	high		D	—	C	

1	+	2	+	3	+	4	+	1	+	2	+	3	+	4	+
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

	<b>Gm</b>							<b>A</b>							
1e	rest	—	deep	and	sound,	—	and	ar-							
2e	mind	—	wake	up	rest-	ed	and	al-							
3e	work	—	as	Your	hands	would	go	and							
4e	TEACH	—	Your	whole	Truth:	Know	what	to							
<i>melody</i>	<sup>^</sup> Bb	—	vD	D	<sup>^</sup> A	A	A	B							

	<b>C</b>							<b>Em7</b>				<b>Em</b>			
1f	ise	prais-	ing	my	God!	—	Help	me							
2f	ert,	—	prais-	ing	God!	—	Help	me							
3f	serve	—	in	this	World.	—	Help	my							
4f	say	and	what	to	do,	—	so	oth-							
<i>melody</i>	<sup>^</sup> C	C	C	vG	<sup>^</sup> D	—	D	vB							

1	+	2	+	3	+	4	+	1	+	2	+	3	+	4	+
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

	<b>C7</b>							<b>G</b>							
1g	sleep,	—	deep	so	I	can	serve	You,							
2g	sleep	—	and	aw-	ake	to	serve	You,							
3g	work	—	draw	peo-	ple	to	wor-	ship							
4g	ers	—	come	to	know	and	wor-	ship							
<i>melody</i>	vBb	—	E	E	<sup>^</sup> G	<sup>^</sup> A	G	A							

	<b>A</b>				<b>G</b>			<b>A</b>							
1h	LORD	—	in	Your	Pow-'r.	—	—	—							
2h	LORD	—	in	Your	Truth.	—	—	—							
3h	YOU	—	know	Your	Truth.	—	—	—							
4h,	YOU,	—	Yah-	weh	God.	—	—	—							
<i>melody</i>	A	—	<sup>^</sup> A	B	<sup>^</sup> C#	—	—	—							

	<b>A</b>							<b>A</b>							
all-i	—	—	—	—	—	>>	<b>Dm</b>	interludes;	then	<b>CHORUS</b>					
<i>melody</i>	—														

<b>CHORUS</b>	<i>Osborne TExt-Based Notation (OTEN) -- see website tab for full explanation</i>														
1	+	2	+	3	+	4	+	1	+	2	+	3	+	4	+

With Power:

	<b>Dm</b>				<b>C</b>			<b>Dm</b>				<b>C</b>			
C-1	With-	out	You,	I'm	noth-	ing,	—	—	and						
<i>melody</i>	A	A	A	G	A -	A	—	—	G						

**CHORUS** (continued) NOTE: Exodus 3:14, God gives His Name. \*\*YAW-way  
 1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

C-2 I re- joyce in that! Help me  
 melody vF F G G ^B ^D G

C-3 Sleep and Wake and work and speak with  
 melody vF F G vG ^B B ^D B

C-4 one goal: Glo- ri- fy LORD  
 melody ^C G ^B - B B ^D

C-5 one goal: Glo- ri- fy LORD  
 melody ^C G ^B - B B ^D

C-6 one goal: Glo- ri- fy LORD >  
 melody ^C G ^B - B B ^D

C-7 Interlude .... Chords of **D minor**, returning to **Line 0-a**

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

**Song Story.** A full month of interrupted sleep, each night, was the obvious inspiration for the truly personal prayer of verse 1.... written at the altar on a Sunday morning which was followed a church service with a really meaningful sermon – whose messages confirmed lyrics I'd already written early that morning into a Music Setup format.

(1) **Solo Deo Gloria** ..... Solely (only) for the Glory of God  
**Solo Scriptura** ..... Depending only on God's Scriptures, not commentaries  
 We must stand **ONLY** on God's Word... even if, in our society, some of God's clear message phrases become mocked or even forbidden in our society under the name of Intolerance.

(3) Other religions / myths claim the incarnation of some god, coming in human form... claim that “someone” rose from death. But, as C.S. Lewis taught, **NO other religion but Judaism & Christianity teach of a God who LOVES people and has COMPASSION on even those who don't honor HIM** (see the end of the oldest book, Jonah, for example, which Jesus referred to).... Certainly NOT ANY version of Islam & its writings in the Qur'an / Koran. NO other religion except Christ Jesus's TRUE version of Christianity teaches **God gives GRACE and FORGIVES all who sincerely ask..... no work or action needed.**