"JUST SAY NO" ISN'T SO EASY

LYRICS 4/4 time ©2017 DianaDee Osborne page 1 of 2 www.DianaDeeOsborneSongs.com CCLI pending. dedicated to our LORD God, 7 Feb 2017 Album: Amazing JOY 'n' Choices REF: 32-243

God ALWAYS gives a way out: – HIMSELF, HIS Power promised, and His promised that you are NEVER tempted BEYOND you ability to "JUST SAY NO"... that JESUS understands from His own Life that to "Just Say No" isn't so easy....... So He'll help you. If you REALLY want Him to.

First Corinthians 10: 13, "No temptation has overtaken you *[come upon you]* that is not COMMON to man; but God is **FAITHFUL** – Who will **NOT** allow you to be *tempted beyond* what you are able [to resist], but with the temptation will ALSO make the **way of escape** *[WHY????]* that you may be **able to BEAR it!**"

READING - before Verse 1: "Grace, mercy, and peace will be with you from God the Father and from the Lord Jesus Christ, the Son of the Father, in truth and love." -- 2 John 1: 3 NKJV Jesus read in the synagogue the old prophecy about **HIMSELF**, saying **IT was now FULFILLED that day:** "The Spirit of the Lord GOD is upon Me, Because the LORD has anointed Me To preach good tidings to the poor; He has sent Me to heal the brokenhearted, To proclaim liberty to the captives, And the opening of the prison to those who are bound; ... " [from the Isaiah scroll, chapter 61 verse 1]

VERSE 1

"Just say NO" isn't SO.... easy: When you know how often you have failed. "Just say NO" isn't SO.... easy: When you know this temptation AGAIN will come. First John Chapter One: God knows, God understands:

All have sinned. God offers this: Through Jesus, confess your sins. God forgives when forgives when you humbly pray. First John Chapter 1: Ask for help.

CHORUS after verses 1 and 4
Often it feels more easy when you just decide, "I DON'T CARE."
But God's Word gives you His promises to help you when you call.
Success is getting up one more time than you fall, and
"Just say no" becomes MORE easy knowing GOD say's you'll conquer.
Romans 8, at the end: You shall have Victory in the end, with HIM!

READING - before VERSE 2 (after Chorus): "God is light and in Him is no darkness at all. If we say that we have fellowship with Him, and walk in darkness, we lie and do not practice the truth. But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin. *If we say that we have no sin, we deceive ourselves, and the truth is not in us.* **If we confess** our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. If we say that we have not sinned, we make Him a liar, and His word is not in us." *--* 1st John 1: 5b to 10 *--* SEE ALSO "Grace Mercy Love TRUSTING" by DianaDee

VERSE 2

"Just say NO" isn't SO easy: When people mock you with these words.
"Just say NO" isn't SO easy, thinking people *EXPECT* you to fail again. Romans 8, at the end: You'll conquer temptations.
Call on God: And in the end: Jesus WILL help you conquer sins.
God forgives ALL who humbly pray. See Psalm 103 – God forgives.

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READING - before VERSE 3: "... FOR AS FAR AS THE EAST IS FROM THE WEST, so far has He removed our transgressions from us....." God's promises of MERCY seen long before He sent His Son Jesus into the world with His John 3:16 LOVE for all. "... FOR AS FAR AS THE EAST IS FROM THE WEST, so far has He removed our transgressions from us....." – that's His Psalm 103: 12 promise! -- SEE ALSO "Psalm 103 Forgiving" by DianaDee Osborne.

VERSE 3

"Just say NO" is MORE easy when you know God offers a Way Out! "Just say NO" is MORE easy when you know God understands you Need His help. Ephesians 6, to the end: God offers you Great weapons. But you must put them on your-self. God won't make you accept His gifts. There's NO way Satan can beat you if you prepare and KNOW "This is War!"

READING - before VERSE 4: God promises us WEAPONS that ALWAYS work when we put them on: **EPHESIANS 6: 10-13**: "Finally, my brethren, be strong in the Lord and in the power of His might. Put on the whole armor of God, that you may be able to stand against the wiles of the devil. 12 For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual *hosts* of wickedness in the heavenly *places*. 13 Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand." -- SEE ALSO "Satan's Greatest Tool" by DianaDee Osborne.

VERSE 4

"Just say NO" is TRULY easy when you call to God: "HELP!" "Just say NO" is TRULY easy when you know God WILL answer prayers for His help. First Corinthians 10: 13.... NO temptations can ever win, God is faithful and gives you strength to conquer >> ALL temptations.

There's NO way you can fail! Fight sins! But if you sin, confess: God still forgives.

REPEAT CHORUS after verse 4

READING - after VERSE 4 & Chorus: James 4: 5-8a tells how to WIN against Satan's attempts to destroy you as Jesus said in John 10:10 that he does: "Or do you think that the Scripture says in vain, 'The Spirit who dwells in us yearns jealously'? But He gives more grace. Therefore He says: 'God resists the proud, but gives grace to the humble.' Therefore submit to God. <u>Resist the devil and he will flee</u> from you. **Draw near to God & He will draw near to you.**" -- SEE "Fear Free Prayer".

Song Story. Initial concept began with just the title – with frustration knowing that people without an attraction to a specific temptation (like overeating or hours of TV) almost <u>mock</u> others who do... To them it SEEMS easy to **"Just Say No"** because it never tempted <u>them</u>. Most don't see that Satan WILL tempt THEM with something else-- that they might even think to be a virtue, like over-exercising, or hours on social media "being friendly".