

# PSALM 120 CURING DISCOURAGEMENT

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## LYRICS

www.DianaDeeOsborneSongs.com CCLI pending.  
dedicated to Jesus, our JOY, 29 July 2012 ren Jan 2016 & 2018  
Album: Amazing Psalms 'n' Promises  
Ref: 16-336

*Psalm 120: 1-2, "In my distress I cried to the LORD, and He heard me.  
Deliver my soul, O LORD, from lying lips and from a deceitful tongue."*

## CHORUS

Psalm One-Hundred-Twenty, Prayer that God inspired!  
Psalm One--Twenty, ENCOURAGEMENT FROM GOD!  
Psalm One-Hundred-Twenty, Prayer that God inspired!  
Psalm One--Twenty, ENCOURAGEMENT FROM GOD!

## VERSE 1

In distress, I CRIED to the LORD and THE LORD God heard me.  
As a Father, God hears His true children: Psalm 34: 17.  
Deliver my soul from lying LIPS ..... and a deceitful tongue. And  
not just others, but MY OWN: Deliver me from deceitful tongues.  
**ECHO:** *Deliver me from deceitful tongues.*

## READING 1. Don't be **DISCOURAGED BY PEOPLE** – even church people:

**Deuteronomy 1:28** "Where can we go up? Our brethren have discouraged our hearts, saying, 'The people are greater and taller than we; the cities are great and fortified up to heaven'..." //  
**EZRA 4:4** "Then the people of the land tried to discourage the people of Judah."

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## CHORUS

## VERSE 2

What shall God DO to Liars? God's Sword pierces Lies: Ephesians 6: 17.  
Woe is me to dwell with those who love lies. My soul has dwelt too long there.  
Deliver my soul from lying HEARTS ..... and a deceitful heart. And  
not just others, but MY OWN: Help me in ALL things to trust in You.  
**ECHO:** *Help me in ALL things to trust in You.*

## READING 2. God's Word shows that He wants us to **NOT be DISCOURAGED**

**BY OUR OWN SELF** – & sins we won't give up: Ezra 18:31-32. " 'Cast away from you all the transgressions which you have committed, and get yourselves a new heart and a new spirit. For why should you die...? For I have no pleasure in the death of one who dies,' says the Lord GOD. 'Therefore turn & live!'"

(continued)

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## CHORUS

### VERSE 3

In sadness, I'll LOOK TO JESUS. God's Son has endured far more-- and understands. With His Help, I will fight discouragement. My soul shall dwell on Jesus! <NOT problems!> Deliver me from my selfishness, and a DISCOURAGED HEART. Help me look only to Jesus, and share His Words to comfort others!

*“ECHO” : And share His Words to comfort others!*

### READING 3. God's Word shows that He wants us to DO >>

**EN- COURAGE YOURSELF**, as David did writing Psalms songs to God, and

**EN- COURAGE YOURSELF, Looking Unto Jesus:**

“For consider Him who endured such hostility from sinners against Himself, lest you become weary and discouraged in your souls.” - Hebrews 12: 3

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### Relevant Scriptures

**Psalm 120: 3 - 7** “What shall be given to you, Or what shall be done to you, You false tongue? Sharp arrows of the warrior, With coals of the broom tree! Woe is me, that I dwell in Meshech, That I dwell among the tents of Kedar\* ! My soul has dwelt too long with one who hates peace. I am for peace; But when I speak, they are for war.”

\* **NOTE:** To “dwell in the tents of Kedar” meant **to be cut off from the worship of THE true God.**

**Psalm 34: 17** *“The righteous cry out, and the LORD hears, and delivers them out of all their troubles.”*

**Hebrews 12: 1, 3 - 5.** “... Let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, **LOOKING UNTO JESUS ... For consider Him who endured such hostility from sinners against Himself, lest you become weary and discouraged in your souls.** You have not yet resisted to bloodshed, striving against sin... do not despise the chastening of the LORD, Nor be discouraged when you are rebuked by Him.” [Proverbs 3:11-12].

**Song Story.** Lyrics written on a day when very very sad about some church band things... feeling unable to contribute anything toward the worship of our LORD thru music... God guided me to these verses in Psalm 120 and Hebrews 12, which indeed did lift my heart some....But it was another 5 years before I had courage to face my need to write this song about Discouragement not just for me, but also for others.