

# PSALM 120 CURING DISCOURAGEMENT

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## MUSIC SHEET

4/4 time (pu = 0)  
TEMPO: 100 BPM

www.DianaDeeOsborneSongs.com CCLI pending.  
dedicated to Jesus, our JOY, 29 July 2012, ren 24 Jan 2018  
Album: Amazing Psalms 'n' Promises

Ref: 16-336

**Song Story.** Lyrics written on a day when very very sad about some church band things... feeling unable to contribute anything toward the worship of our LORD thru music... God guided me to these verses in Psalm 120 & Hebrews 12, which indeed *did* lift my heart some....But it was another 5 years before I had courage to face my need to write this song about **Discouragement** not just for *me*, but **also** for others.

### CHORUS – 2x A-minor riffs as INTRO & Interlude to Verses, transitioning into C major

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

1: C F  
C-1,3 Psalm \_ \_ One-hun- dred- twen- ty, \_ \_ Prayer that God in- spired: \_  
melody vC \_ \_ - G G - F vE - vC \_ \_ vC - C ^G F G \_

C F F { 3 } G/D  
C-2,4 Psalm \_ One- twen- ty, \_ \_ En- {cour-age-ment} \_ from God! \_ \_ \_ :|  
melody vC \_ G - G - ^A \_ \_ A - {^C -C - C} \_ vA ^D \_ \_ \_

### 5 Measures Am as Interlude > VERSES Osborne TExt-Based Notation (OTEN) -- see website tab for full explanation

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

Am C2 Csus C F Am  
1a In \_ dis- tress, \_ I \_ CRIED \_ to the LORD, \_ \_ and  
2a What \_ shall \_ God \_ Do \_ \_ to Li- ars? \_ \_ God's  
3a In \_ sad- ness, \_ I'll \_ LOOK \_ to Je- sus. \_ \_ God's  
melody vC ^G G G ^C C - D B \_ \_ - B

G F Em Am F  
1b THE \_ \_ LORD God \_ heard \_ me. \_ \_ \_ \_  
2b Sword \_ pier- ces Lies: \_ E- ph- sians \_ 6: \_ Sev- en- teen. \_  
3b Son \_ has en- dured \_ far \_ more \_ and \_ un- der- stands. \_  
melody ^B \_ B - B ^C \_ A - A ^B \_ G \_ G - A vF \_

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

Am F C Em  
1c As \_ a \_ Fath-er, God \_ hears \_ His true chil- dren: \_  
2c Woe \_ is \_ me to dwell \_ with \_ those who love \_ lies. \_  
3c With \_ His \_ Help, I will \_ fight \_ dis- cour-age- ment. \_  
melody vC \_ G \_ G - F G \_ ^C \_ C - ^D B \_ B \_

G F Am7  
1d Psalm \_ Thir- ty- four: \_ Sev- en- teen. \_ \_ \_ \_ De-  
2d My \_ soul has dwelt \_ too long there. \_ \_ \_ \_ De-  
3d My \_ soul shall dwell \_ on Je- sus: \_ Not prob- lems! \_ \_ De-  
melody B \_ G - A A \_ vG - F G \_ (G - G G \_ \_ ^B

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1	+	2	+	3	+	4	+	1	+	2	+	3	+	4	+
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	<b>F</b>			<b>Am</b>				<b>Dm7</b>				<b>Em</b>			
1e	liv- er	—	my	soul	—	—	from	—	—	ly- ing	lips	—	—	—	
2e	liv- er	—	my	soul	—	—	from	—	—	ly- ing	hearts	—	—	—	
3e	liv- er	—	me	from	—	—	my	—	—	self- ish-	ness,	—	—	—	
<i>melody</i>	<b>^C - B</b>	—	- A	<b>^C</b>	—	—	A	—	—	<b>^C - A</b>	B	—	—	—	

	<b>F</b>			<b>C</b>				<b>Cmaj7</b>				<b>Em</b>			
1f	and a	—	de- ceit-	—	ful	—	tongue.	—	—	—	—	—	—	—	And
2f	and a	—	de- ceit-	—	ful	—	heart.	—	—	—	—	—	—	—	And
3f	and a	—	dis- cour-	—	aged	—	heart.	—	—	—	—	—	—	—	Help
<i>melody</i>	<b>^C - B</b>	—	- A	<b>^C</b>	vG	—	<b>^B</b>	—	—	—	—	—	—	- B	

	<b>F</b>			<b>C</b>				<b>Dm</b>				<b>Em7</b>			
1g	not.....	—	just	oth-	—	ers,	—	but	—	my.....	own:	—	—	—	De-
2g	not.....	—	just	oth-	—	ers,	—	but	—	my.....	own:	—	—	—	Help
3g	me.....	—	look	on-	—	ly	—	to	—	Je-.....	sus,	—	—	—	and
<i>melody</i>	<b>^C..... B</b>	—	- A	<b>^C</b>	vG	—	A	—	—	<b>^C ... B</b>	vG	—	—	- G	

1	+	2	+	3	+	4	+	1	+	2	+	3	+	4	+
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	<b>Am</b>			<b>Fmaj7</b>				<b>Am</b>	<b>G</b>		<b>Fmaj7</b>	<i>repeat:</i>			
1h	liv- er	—	me	from	—	de-	—	ceit-	—	-ful	tongues.	—	—	—	De-
2h	me in	—	ALL	things	—	to	—	trust	—	in	You.	—	—	—	Help
3h	shareHis	—	Words	to	—	com-	—	fort	—	oth-	ers!	—	—	—	AND
<i>melody</i>	<b>vE - E</b>	—	<b>^G</b>	E	—	<b>^G</b>	—	E	—	D	E	—	—	- B	

	<b>Em /B</b>							<b>A (major)</b>	<b>Gm</b>		<b>F#m</b>				
1i	liv- er	—	me	from	—	de-	—	ceit-	—	-ful	tongues.	—	—	—	
2i	me in	—	ALL	things	—	to	—	trust	—	in	You.	—	—	—	
3i	shareHis	—	Words	to	—	com-	—	fort	—	oth-	ers!	—	—	—	
<i>melody</i>	<b>vE - E</b>	—	<b>^G</b>	E	—	<b>^G</b>	—	E	—	D	E	—	—	—	

1	+	2	+	3	+	4	+	1	+	2	+	3	+	4	+
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READ DURING MUSIC POSTLUDE after each verse:

**1. Don't be DISCOURAGED BY PEOPLE – even church people: Deuteronomy 1:28**

“Where can we go up? Our brethren have discouraged our hearts, saying, 'The people are greater and taller than we; the cities are great and fortified up to heaven'...” //

**EZRA 4:4** “Then the people of the land tried to discourage the people of Judah.”

**2. Don't be DISCOURAGED BY OUR OWN SELF – & sins we won't give up: Ezra**

18:31-32. “'Cast away from you all the transgressions which you have committed, and get yourselves a new heart and a new spirit. For why should you die...? For I have no pleasure in the death of one who dies,' says the Lord GOD. 'Therefore turn & live!'”

**3. DO >> EN-COURAGE**

**YOURSELF, Looking Unto Jesus:** Hebrews 12: 3, “For consider Him who endured such hostility from sinners against Himself, lest you become weary and discouraged in your souls.”

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