

PSALM 30 UPLIFTING

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MUSIC SHEET

4/4 time (pu = 0)

TEMPO: **164** BPM Syncopated

www.DiDoReflections.com CCLI pending.

dedicated to God Who lifts us up!, 7 February 2011

Album: Amazing Psalms 'n' Promises

A lively musical quotation of the Psalmist's praise to LORD GOD in Psalm 30.

PART 1 in Eb major.	The same melody as in Parts 2 and 3.
<i>** is reference to first DiDoReflections main song, Above My Sorrow Sea</i>	
1 + 2 + 3 + 4 +	1 + 2 + 3 + 4 +

Eb

1a	I	_	will	ex-	tol	_	You,	_	LORD	_	for	You	lift-	_	ed	_
2a	I	_	cried	to	You	_	LORD	_	_	_	and	You	healed	_	me.	_
<i>melody</i>	vEb	_	Eb	Eb	Eb	_	Eb	_	Eb	_	F	Eb	D	_	Eb	_

Cm

1b	me	_	up	a-	bove	_	my	_	_	_	Sor-	row	Seas**	_	_	_
2b	You	_	brought	my	soul	_	up	_	_	_	from	the	grave.	_	_	_
<i>melody</i>	Eb	_	Eb	Eb	Eb	_	Eb	_	_	_	F	Eb	Eb	_	_	_

Ab

1c	I	_	deep-ly	praise	_	You	_	for	_	You	have	not	_	let	_	
2c	You	_	kept	me	a-	bove	_	_	that	I	should	not	_	go	_	
<i>melody</i>	Eb	_	Eb	Eb	Eb	_	Eb	_	(Eb)	(Eb)	F	Eb	D	_	Eb	_

G7 {G B-natural D F}

1d	my	_	foes	re-	joice	_	_	_	_	ov-	er	me!	_	_	_	>2a ^	
2d	down	_	to	the	pit.	_	_	_	_	I	LIFT	Your	Praise!	_	_	_	>3a v
<i>melody</i>	F	_	F	F	F	_	_	_	_	F	F	F	F	_	_	_	

PART 2 in F major.	The same melody as in Parts 1 and 3.
1 + 2 + 3 + 4 +	1 + 2 + 3 + 4 +

F

3a	Your	_	words	thru	Da-	_	vid,	_	_	_	in	Psalm	thir-	_	ty	_
4a	Your	_	an-	ger	is	_	for	_	_	_	just	a	mo-	_	ment.	_
<i>melody</i>	F	_	F	F	F	_	F	_	_	_	G	F	E	_	F	_

Dm

3b	lift	_	my	heart	up	_	a-	_	bove	_	Sor-	row	Seas!	_	_	_
4b	I	_	ask	for-	give	_	ness	_	_	and	You	give	grace	_	_	_
<i>melody</i>	F	_	F	F	F	_	F	F	F	F	G	F	F	_	_	_

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1	+	2	+	3	+	4	+	1	+	2	+	3	+	4	+
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

Bb

3c I _ thank and praise _ Your _ _ _ Ho- ly Name, _ LORD _
 4c My _ weep-ing may _ last _ _ _ thru the night, _ but _
melody F _ F F F _ F _ _ _ G F E _ F _

A7 {A C# E G}

3d Psalm_ Thir- ty: verse_ Four _ _ _ I LIFT Your Praise! _ _ _ >4a ^
 4d You, _ LORD bring joy _ in _ _ _ the morn-ing! _ _ _ >5a v
melody G _ G G G _ G _ _ _ G G G _ _ _

PART 3 in G major.

Slight melody difference in lines 5a and 6a.

1	+	2	+	3	+	4	+	1	+	2	+	3	+	4	+
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

G

5a Though_ You LORD lift- _ ed _ me, with pros-per- i- _ ty, _
 6a I _ lift- ed my _ voice _ _ _ and cried to You. _ Lord _
melody G _ G G G _ G _ (G) G A G F# _ G _

Em /D

5b still _ I re- fuse _ to _ _ _ move from You! _ _ _
 6b when_ in those dark_ times_ _ _ I could not see. _ _ _
melody G _ G G G _ G _ _ _ G A G G _ _ _

C

5c You _ are my LORD_ and _ _ _ by Your fav-- _ or, _
 6c I _ prayed, God save_ me. _ _ _ from this pit _ so _
melody G _ G G G _ G _ _ _ A G F# _ G _

B7 {B D# F A}

5d You _ lift my moun- _ tain. _ _ _ so I stand strong! _ _ _ >6a ^
 6d I, _ can lift Your _ praise_ _ _ and say Your Truth_ _ _ >interlude
melody A _ A A A _ A _ _ _ A A A A _ _ _

INTERLUDE, same beat and melody as lines 6a thru 6d-- 8 counts each

Am

Fmaj7

G

C

TAG - different melody															
1	+	2	+	3	+	4	+	1	+	2	+	3	+	4	+

Am
T-1 Psalm_ thir- ty tells _ us _ _ _ God shall lift _ us _
melody E _ E D E _ E _ _ _ E D E _ E _

Fmaj7
T-2 He'll _ turn our sor- _ rows _ _ _ in- to danc-ing! _ _ _
melody E _ E D E _ E _ _ _ E E D E _ _ _

G
T-3 God _ rais- es us _ up _ _ _ whenwe praise_ Him. _
melody D _ D C D _ D _ _ _ D C D _ D _

C
T-4 _ We lift our praise_ to You, LORD! _ _ _ _ _
melody _ E E G G _ G G ^C _ _ _ _ _

Song Story.

Here is my journal entry for 7 February 2011:

This is so cool! First God gave me the full music, in minutes, which I entitled "Untitled 2-2-2011" when I recorded its entire piano track in my home studio. Two days later, I took the piano track to Valley Worship & Praise Studio, and Claxton needed a "real" title. I just flipped through my journal -- which I'd started only 23 days earlier for this one, so had only 80 pages to search for lyrics. I noticed that my sketched concept for a song based on Psalm 30 was pretty close in 4/4 time and its beat, so I gave Claxton that as a title plus the psalmist's key word, "Uplifting." He added drum tracks and gave me the draft file to take home and work with.

Two mornings later, I could not sleep, so I took my New KJV Bible and simply "filled in the grid" of its words as I listened to my draft music. God's Words fell easily into the beat. The recorded song, completed and on the World Wide Web a few days later, is the FIRST DRAFT.

You know that's more evidence of God! - all those words! I'd been praying fervently that God could use me to bring His Word back to a form easy for people to remember by singing.... as the Psalmist David did. I humbly, deeply thank Him for this song gift to you through me.