

HELP ME LOOK UP PRAYER

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LYRICS

4/4 time (pu = 0)
TEMPO: **124** BPM

www.DianaDeeOsborneSongs.com CCLI pending.
dedicated to our DEFENDER God, 19 Oct 2024
Album: Amazing **PEACE** 'n' **Passion** Ref: 47-xxx

VERSE 1

Help ... me... look ... UP when I'm feeling down (down, down, down).
God, I need You so much! I'm falling down (down, down, down).
Help ... me... look ... UP trusting in Your Word.
I ... SHALL ... look .. UP to You, my God, my LORD!
To YOU, my God, my LORD!

INTERLUDE

Jesus loves me. Jesus loves me. He won't leave me. He'll help me.
God has promised. God has promised. God won't leave me. He'll help me.

SPOKEN WORDS 1

Psalms 46: 1 and 2. "God is our refuge & strength, A very present help in trouble.
Therefore we will **NOT** fear..." Psalm 46, 1 and 2.
(INTERLUDE)

SPOKEN WORDS 2

Psalms 5: 3 prayer: "My voice You shall hear in the morning, O LORD YHWH;
In the morning, I will direct my voice to You, and I will look up."
(INTERLUDE)

SPOKEN WORDS 3

In Isaiah 51: 6, God named YHWH says, "Lift up your eyes to the heavens,
My salvation will be forever, & My righteousness will **NOT** be abolished".
God gives His Name in Isaiah 42:8 -- in Hebrew, it is spelled Y-H-W-H, and
pronounced as if **yaw- way**.

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VERSE 2

Help ... me... look ... UP when I'm feeling scared (scared, scared, scared)
God, I need You to save me from despair (scared, scared, scared)
Help ... me... look ... UP knowing You are there.
You ... hear ... me.... and You love me **AND** You Care!
You love me **AND** You Care!
(INTERLUDE)

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SPOKEN WORDS 4

Psalm 121: 1 to 3, "I look up to the mountains— does my help come from there?
My help comes from the LORD YHWH, who made heaven and earth!
He will not let you stumble; the one who watches over you will not slumber."
(INTERLUDE)

SPOKEN WORDS 5

Psalm 123: 1 to 3, "I lift my eyes to You, O God, enthroned in heaven.
We keep looking to the LORD YHWH, our God, for His mercy....
Have mercy on us, LORD, have mercy...."
(INTERLUDE)

SPOKEN WORDS 6

Isaiah 40: 26, "Look up into the heavens. Who created all the stars? Creator God
brings them out like an army, one after another, calling each by its name. Because
of God's great power and [*incomparable*] strength, NOT a single star is missing!"

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VERSE 3

Help ... me... look ... UP when I'm feeling low (low, low, low).
No matter "what", God saves! You, God, give HOPE! (hope, hope, hope)
Help ... me... focus on Your love and Your Word.
You, Yahweh God shall help me! You NEVER lie !
You'll help! You never lie!
(INTERLUDE)

SPOKEN WORDS 7

Isaiah 40: 26 + 28, "Look up into the heavens. Who created all the stars?" ...
"Have you never heard? Have you never understood? The LORD is the everlasting
God, the Creator of all the earth. He never grows weak or weary."
["No one can measure the depths of His understanding."]
(INTERLUDE)

SPOKEN WORDS 8

Jesus said in Luke 21 [26 to 28]: "People will be terrified at what they see coming
upon the earth, for the powers in the heavens will be shaken.
Then everyone will see the Son of Man [coming on a cloud with power and
great glory]. So when all these things begin to happen, stand and look up,
for your salvation is near!"
(INTERLUDE)

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SPOKEN WORDS 9

In John 16:33 [to 17:1], after describing bad times to come, Jesus said,
"I have told you all this so that you may have PEACE in Me.
Here on earth you will have many trials and sorrows.
But take heart, because I have overcome the world." [Then]
Jesus looked up to heaven and [PRAYED]
EVEN JESUS LOOKED UP to His Father God....
giving us HIS example of what to do.

VERSE 4

Help ... me... look ... UP when Satan tempts me to DOUBT YOUR
John 10: 10 LOVE for me! Satan wants to destroy me.
Help ... me... look to You when Doubt says "*Don't believe.*"
In ... my ... heart, I KNOW You'll help ---- as I've SEEN!
You'll help ---- as I've SEEN!

<end of song>

Song Story.

Written from 5 to 6 AM (all 4 sets of verse lyrics AND the music to measures 1 + 2)
from 5 to 6 AM after yet another bad dream. Not a nightmare, but a continuance of a full
year of prayers (with some breaks, thankfully) for God to stop letting these keep happening.
..... YET:

Looking up to Him, even when I wonder about what seems to be a Promise of deep sleep,
thru Psalm 4.

RECORDED the song and put it on my website, reaching the world with God's other 725+
songs through me, less than 3 weeks later.

EPHESIANS 3: 20 - by GOD'S empowering.

EPHESIANS 3: 21 - for HIS Glory -- only. NOT mine. --DianaDee Osborne

11.5.2024