

INSOMNIA PRAYERS OF HOPE

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LYRICS

3/4 time (pu=0)

TEMPO: **100** BPM

www.DianaDeeOsborneSongs.com CCLI pending.

dedicated to YHWH our Hope Giver, 5 Sept 2023

Album: Amazing **COMFORTER 'n' Strength** Ref: 46-__

Psalm 127:2b. HE GIVES HIS BELOVED SLEEP.

SCRIPTURES on page 4. PATTERN in recorded song:

1-{CH, BR, Verse 1, TAG x2};

2-{Echo CH lines 5-6 + BR};

3-{VS 2 + TAG x2};

4-{Phil 4:4,6,7a +James 4:7-8 like Prodigal Son's Father};

5-{VS 3, TAG x2};

6-{God's HOPE Promises thru Psalm 4:8, Prov. 3:24,
Psalm 127:2b; ending with Psalm 148: 17-19}.

CHORUS

Dear God, again I cry to You at night.

My thoughts won't rest. Insomnia wears down my mind.

And YET -- dear LORD, Your Bible Words ALWAYS give Hope:

I know You're FAITH-ful.

Insomnia gives me more TIME with You.

Insomnia gives me more time with YOU.

BRIDGE

James 4:7, I run to YOU and find Your HOPE.

LORD:

James 4:8, YOU draw near to me. Your love brings JOY.

VERSE 1

Philippians FOUR: 6 and 7 -- I need not Fret.

God WILL give my heart Peace WHENEVER I call to Him.

When worries pound, I'll just pray and thank Him for all Blessings.

Then God's peace will guard my heart, through His own Son.

Christ Jesus will save me !

TAG (Twice after each verse)

God gives ENOUGH sleep. He gives what we need.

Psalm 4 -- ALL night, God gives PEACE and REST !

QUOTE Promises of HOPE to your Mind !

VERSE 2

Psalm Hundred-Forty-five, God comes to be BY all who call to Him.

God hears my cry and draws near when I cry to Him.

When fears, doubts, worries keep me awake, fretting -- not resting,

God HEARS, for I Honor Him. He saves me with enough sleep -- All I need.

(TAG)

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VERSE 3

First Peter 5: 7 tells me I can CAST all my fears on Him.
God cares and warns through Verse 8 -- Fears are traps from Satan.
In the night when Fright comes at me, I'll cast all my cares on God,
Whose Grace always saves those who believe.
He provides all our needs.....
(TAG)
(CHORUS)

SCRIPTURES

PATTERN in recorded song: 1-{CH, BR, Verse 1, TAG x2};
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Prodigal Son's Father}; 5-{VS 3, TAG x2}; 6-{God's HOPE Promises thru Psalm 4:8,
Prov. 3:24, Psalm 127:2b; ending with Psalm 148: 17-19}.

Psalms 4:8.

I will both lay me down in peace, & sleep: for Thou, Lord, only makest me dwell in safety.

Proverbs 3:24.

When thou liest down, thou shalt not be afraid: yea, thou shalt lie down, & thy
sleep shall be sweet.

Psalm 127:2b.

HE GIVES HIS BELOVED SLEEP.

Song Story Written in my mind at 3:30 AM as I still struggled to sleep on my bed.

Typed onto my computer at 4 AM as my cat PolyHannah snored in HER bed, near my
footstool..... PolyHannah - a sweet gift of God the previous year, along with His gift idea to
me of her name -- a Greek and a Hebrew word that, combined, always reminds me of
LORD YHWH's "**MANY**" + "**BLESSINGS OF GOD**".