

“JUST SAY NO” ISN'T SO EASY

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MUSIC SHEET

4/4 time (pu = 0)

TEMPO: _____ BPM

www.DianaDeeOsborneSongs.com CCLI pending.

dedicated to our LORD God, 7 Feb 2017

Album: Amazing **JOY 'n' Choices**

REF: 32-243

Our COMFORTING PROMISE from God thru His writer:

First Corinthians 10: 13, “No temptation has overtaken you [come upon you]

that is not COMMON to man; but God is **FAITHFUL** – Who will **NOT** allow you to be *tempted beyond* what you are able [to resist], but with the temptation will ALSO make the **way of escape [WHY????]** that you may be able to **BEAR it!**”

VERSES

Osborne TExt-Based Notation (OTEN) -- see website tab for full explanation

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

m

1a “Just say NO” is- n't SO _ _ _ ea- sy when you
 2a “Just say NO” is- n't SO _ _ _ ea- sy when _
 3a “Just say NO” IS _ _ _ MORE_ ea- sy when you
 4a “Just say NO” IS _ _ _ TRU- LY ea- sy when you

m

1b know how of- ten _ _ you _ have _ failed. _
 2b peo- ple mock you _ _ with _ these_ words. _
 3b KNOW God off- ers _ _ a Way Out! _
 4b call to GOD _ _ “HELP!” _ _ _

melody V

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

m

1c “Just say NO” is- n't SO _ _ _ ea- sy when you
 2c “Just say NO” is- n't SO _ _ _ ea- sy think- ing
 3c “Just say NO” IS _ _ _ MORE_ ea- sy when you
 4c “Just say NO” IS _ _ _ TRU- LY ea- sy when you

melody V

m

1d know_ this _ temp- ta- tion ag- ain _ will _ come._ _ _
 2d peo- _ ple _ ex- pect you to fail _ ag- _ ain. _ _ _
 3d know_ God _ un- der- stands you Need_ His _ help._ _ _
 4d know_ God _ WILL ans- wer prayers for_ His _ help._ _ _

melody V

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

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1	+	2	+	3	+	4	+	1	+	2	+	3	+	4	+
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m

1e ___ First John Chap- ter One: ___
 2e ___ Rom- ans 8, at the end: ___
 3e ___ E- phe- sians 6 to the end: ___
 4e First Cor- in- thi- ans 10: ___ thir- teen: ___

melody V

m

1f ___ God knows, ___ God un- der- stands: ___
 2f You'll con- quer ___ temp- ta- _ tions. ___
 3f God off- ers you Great wea- _ pons. ___
 4f NO temp- ta- tion can ev- er win, ___

melody V

m

1g All have sinned. ___ God off- ers this: ___
 2g Call on God: ___ And _ in the end: ___
 3g But you must put them on your-self. ___
 4g God is faith- ful and _ gives you strength ___

melody V

1	+	2	+	3	+	4	+	1	+	2	+	3	+	4	+
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m

1h Through Je- sus, con- fess your sins. ___
 2h Je- sus WILL help you con- quer sins. ___
 3h God won't make you ac- cept His gifts. ___
 4h to con- quer ___ all _ temp- ta- tions. ___

melody V

m

1i God for- gives when you hum- bly pray. ___
 2i God for- gives all who hum- bly pray. ___
 3i There's NO way Sa- tan can beat you ___
 4i There's NO way you can fail ! Fight sins! ___ But

melody V

m

1j First _ John _ Chap- ter One: ___ Ask His help. _ ___
 2j See _ Psalm _ Hun- dred-three: ___ God for- gives. _ ___
 3j if _ you _ pre- pare and _ Know _ this is WAR! _ ___
 4j if _ you _ sin, con- fess: _ God _ still for- gives. _ ___

melody V

1	+	2	+	3	+	4	+	1	+	2	+	3	+	4	+
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CHORUS after verses 1 and 4

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

m
C-1 Of- ten it feels more_ _ _ eas- y when you
melody V

m
C-2 just de- cide, _ “I DON'T CARE.” _
melody V

m
C-3 But God's Word gives you _ _ His prom- ise _ _
melody V

m
C-4 to help you _ when you call. _
melody V

m
C-5 Suc- cess _ is get- ting up _ _ _ one
melody V

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

m
C-6 more time than you fall, _ and _ _
melody X

m
C-7 “Just say no” be- comes **MORE** _ eas- y _ _
melody V

m
C-8 know- ing GOD _ says you'll con- quer. _ _
melody V

m
C-9 _ _ Rom- ans 8, _ at the end: _ You _ shall _
melody V

m
C-10 have _ Vic- to- ry _ in the end _ with _ HIM! _ _ _
melody V

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

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God ALWAYS gives a way out: – HIMSELF, HIS Power promised, and His promised that you are NEVER tempted BEYOND you ability to “JUST SAY NO”... that JESUS understands from His own Life that to “Just Say No” isn't so easy..... So He'll help you. If you REALLY want Him to.

READINGS

READING - before Verse 1: “ Grace, mercy, and peace will be with you from God the Father and from the Lord Jesus Christ, the Son of the Father, in truth and love.” -- 2 John 1: 3 NKJV
Jesus read in the synagogue the old prophecy about **HIMSELF**, saying **IT was now FULFILLED that day:** “The Spirit of the Lord GOD is upon Me, Because the LORD has anointed Me To preach good tidings to the poor; He has sent Me to heal the brokenhearted, To proclaim liberty to the captives, And the opening of the prison to those who are bound; ...” [from the Isaiah scroll, chapter 61 verse 1]

READING - before VERSE 2 (after Chorus): “God is light and in Him is no darkness at all. If we say that we have fellowship with Him, and walk in darkness, we lie and do not practice the truth. But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin. If we say that we have no sin, we deceive ourselves, and the truth is not in us. **If we confess** our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. If we say that we have not sinned, we make Him a liar, and His word is not in us.”
-- 1st John 1: 5b to 10 -- SEE ALSO “Grace Mercy Love TRUSTING” by DianaDee Osborne.

READING - before VERSE 3: “... FOR AS FAR AS THE EAST IS FROM THE WEST, so far has He removed our transgressions from us.....” God's promises of MERCY seen long before He sent His Son Jesus into the world with His John 3:16 LOVE for all. “... FOR AS FAR AS THE EAST IS FROM THE WEST, so far has He removed our transgressions from us.....” – that's His Psalm 103: 12 promise!
-- SEE ALSO “Psalm 103 Forgiving” by DianaDee Osborne.

READING - before VERSE 4: God promises us WEAPONS that ALWAYS work when we put them on: **EPHESIANS 6: 10- 13:** “Finally, my brethren, be strong in the Lord and in the power of His might. Put on the whole armor of God, that you may be able to stand against the wiles of the devil. 12 For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual *hosts* of wickedness in the heavenly *places*. 13 Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.”
-- SEE ALSO “Satan's Greatest Tool” by DianaDee Osborne.

READING - after VERSE 4 & Chorus: James 4: 5-8a tells how to WIN against Satan's attempts to destroy you as Jesus said in John 10:10 that he does: “Or do you think that the Scripture says in vain, 'The Spirit who dwells in us yearns jealously'? But He gives more grace. Therefore He says: 'God resists the proud, but gives grace to the humble.' Therefore submit to God. Resist the devil and he will flee from you. **Draw near to God & He will draw near to you.**” -- SEE ALSO “Fear Free Prayer”.

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Song Story. Initial concept began with just the title – with frustration knowing that people without an attraction to a specific temptation (like overeating or hours of TV) almost **mock** others who do... To them it SEEMS easy to “**Just Say No**” because it never tempted them. Most don't see that Satan WILL tempt THEM with something else-- that they might even think to be a virtue, like over-exercising or hours on social media “being friendly”.