O GOD, OUR HELP IN AGES PAST: OTEN Easy Music

by Isaac Watts - Most common hymnal verses & wording below.

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MUSIC SHEET for Arrangement by:

4/4 time (pu = 0) TEMPO: **102** BPM www.DianaDeeOsborneSongs.com / HYMNS using *OTEN* EASY Music Notation Method Public Domain CCLI.com #43152

JESUS: "If anyone loves Me, <u>he will keep My word</u>; and My Father will love him, and We will come to him and make **Our home with him**." - John 14:23

VERSES	Osborne TExt-Based Notation (OTEN) see website tab for full explanation						
1 +	2	+ 3 +	4 +	1 +	2 +	3 +	4 +
C Pre-Verse 1 _{melody} V	_	_	_	с —	_	_	O, G
C 1a God, _{melody} vE	our A	Am7 Help G	in ^C	F ag- C	es B	C past, C	our vG
Am 1b hope _{nelody} ^C	for G	years A	D to F#	G come: G	_	_	our ^B
C 1c Shel-	ter A	Dm from ^D	the B	C storm- C	y A	E [major] blast, B	C and vG
Dm 1d our _{melody} A	e-	G ter- ^D	nal B	C Home! ^C		_	<verse< td=""></verse<>
1 +	2	+ 3 +	4 +	1 +	2 +	3 +	4 +

PSALM 90: INSPIRATION for Watt's hymn: The Eternity of God, and Man's Frailty

A Prayer of Moses the man of God.

LORD, You have been our dwelling place in all generations.

2 Before the mountains were brought forth, Or ever You had formed the earth and the world, Even from everlasting to everlasting, You *are* God. 3 You turn man to destruction, And say, "Return, O children of men." 4 For a thousand years in Your sight *Are* like yesterday when it is past, And *like* a watch in the night. 5 You carry them away *like* a flood; *They are* like a sleep. In the morning they are like grass *which* grows up: 6 In the morning it flourishes and grows up; In the evening it is cut down and withers.

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Psalm 90, inspiration for this 1719 hymn, continued:

- For we have been consumed by Your anger, And by Your wrath we are terrified.
- You have set our iniquities before You, Our secret *sins* in the light of Your countenance. 9 For all our days have passed away in Your wrath; We finish our years like a sigh.
- The days of our lives *are* 70 years; And if by reason of strength *they are* 80 years, Yet their boast *is* only labor and sorrow; For it is soon cut off, and we fly away.
- 11 Who knows the power of Your anger? For as the fear of You, *so is* Your wrath.
- 12 So teach us to number our days, That we may gain a heart of wisdom.

LYRICS

VERSE 1

O God our help in ages past, Our hope for years to come – Our shelter from the stormy blast And our eternal home:

VERSE 2

Under the shadow of Thy throne Still may we dwell secure. Sufficient is Thine arm alone And our defense is sure!

VERSE 3

Before the hills in order stood Or earth received her frame, From everlasting Thou art God – To endless years the same.

VERSE 4

Time like an ever rolling stream

They fly forgotten as a dream

Bears all its sons away.

Dies at the op'ning day.

VERSE 5

A thousand ages in Thy sight Are like an evening gone: Short as the watch that ends the night Before the rising sun.

VERSE 6

Our God, our help in ages past, Our hope for years to come: Be Thou our GUIDE while Life shall last, And our eternal home.