

STRENGTH IN GOD'S GYM

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LYRICS

4/4 time (pu = 0)

www.DianaDeeOsborneSongs.com CCLI pending.
dedicated to our DEFENDER God, 30 March 2022
Album: Amazing **COMFORTER 'n' Strength**
Ref: 44-___ and 45-103

Habakkuk 3:18-19 "Yet I will rejoice in the LORD, I will joy in the God of my salvation. The LORD [YHWH] God is my strength; He will make my feet like deer's feet, And He will make me walk on my high hills.
2nd Corinthians 12:9 "And [the LORD] said to me, "My grace is sufficient for you, for My strength is made perfect in weakness." Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me."

VERSE 1

Here I am in Life's Gym --- again --- wishing for "easy", YET knowing:
My strength comes from determined working my muscles with
Faith -- firmly believing and NOT when I'm lazy and expecting
muscles of any kind to grow in strength.
For when we just sit like rocks, Strength starts crumbling.

CHORUS -- twice

When troubles come, and we persevere,
Faith is tested. And endurance grows.
Faith, like muscles, gets stronger when we
Decide to trust God and **NOT** gripe in His Gym.

VERSE 2

God, I'm here in Life's Gym -- again. when I pray for "easy", show me again:
Your strength comes to me when I depend on
Grace You give in Weakness: 2nd Corinthians 12.
NOT when I give up, with complaining.
Troubles come, Jesus said, but keep going.
For He helps us -- His promise at John 16's end. (CHORUS -- twice)

VERSE 3

We all get tired in Life's Gym -- always. BUT it's a GOOD tiredness to know we're growing.
Like muscles, Faith grows when Faith is stretched.
God's parable gives HOPE, to understand James One.
Faith and endurance grow in God's testing.
Trials come, Jesus said. See John 16's end.
But He gives Peace, as we see, growing in God's Good Gym. (CHORUS -- twice)

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Song Story. Written while on the elliptical machine in, yes, a gym! James 1 is full of some of my favorite memorized verses of how God helps us to grow our faith, and John 16:33 pretty much tells us that we may as WELL trust God because Life Itself is going to be full of trials, with or without Him. Our peace is when we quit being angry about testing and just TRUST God, rejoicing to know that God cares & will HELP our faith to grow stronger.